

## LSTC

The Life Skills and Transition Center (LSTC) is a state-operated, comprehensive support agency serving people with intellectual and developmental disabilities in Grafton. LSTC serves as a crisis and stabilization center, as well as a safety net for people whose needs exceed community resources. Accredited by The Council since 1989, the center received a three-year Quality Assurances Accreditation in January of 2024.

<https://www.hhs.nd.gov/individuals-disabilities/LSTC>

### LSTC Rates – Provided by Heather Jenkins

January 1, 2025  
\$1,536.02 per day  
\$560,647 per year

### Daily rates at LSTC

Date	Daily Rate	Rate for 1 year of placement
March 2016	\$912.09 per day	\$332,912.85 per year
February 2017	\$916.65	\$334,577.25 per year
April 2018	\$1,050.84	\$383,556.60 per year
June 2019	\$1,038.32 per day	\$378,986.80 per year
July 2020	\$1,200 per day	\$438,000 per year
January 2021	\$1,148.29 per day	\$419,126 per year
October 2022	\$1,231.49 per day	\$449,494 per year
April 1, 2023	\$1,333.50 per day	\$486,727 per year
October 1, 2023	\$1,381.77 per day	\$504,346 per year
March 2024	\$1,495.53 per day	\$545,868 per year

### ND Constitution ARTICLE IX TRUST LANDS

Section 12. The following public institutions of the state are permanently located at the places hereinafter named, each to have the lands specifically granted to it by the United States in the Act of Congress approved February 22, 1889, to be disposed of and used in such manner as the legislative assembly may prescribe subject to the limitations provided in the article on school and public lands contained in this constitution.

8. A state hospital for the care of individuals with mental illness at the city of Jamestown, in the county of Stutsman. And the legislative assembly shall appropriate twenty thousand acres of the grant of lands made by the Act of Congress aforesaid for other educational and charitable institutions to the benefit and for the endowment of said institution, and there shall be located at or near the city of Grafton, in the county of Walsh, a facility for individuals with developmental disabilities, on the grounds purchased by the secretary of the interior for a penitentiary building.

**Clinical Assistance, Resources, and Evaluation Service (CARES) Program** – A team of specialists including clinical staff and direct support staff provide consultation services and in-home and on-site supports in the community to prevent admissions and readmissions and to assist in transitioning people from the LSTC. Crisis Stabilization Coordinators (CSC).

#### **Staffing Needs**

LSTC is currently using temp staff, mainly CNA's, to cover shifts. CNAs are not trained on working with individuals with DD and the individual plans, as required by Title 19 and the NDCC. Active treatment is a big concern. It has been reported by LSTC staff, there is a high rate of turnover in these contracted agency staff. What does that cost and where would LSTC get trained people to work with youth who have behavioral/mental/psychiatric diagnoses and needs? If they can not hire employees for the DD services where will people to work with the youth come from.

**Psychiatric Residential Treatment Facilities (PRTF) Licensing**  
<https://www.hhs.nd.gov/behavioral-health/PRTF-licensing>

North Dakota has six Psychiatric Residential Treatment Facilities that serve youth.

Dakota Boys and Girls Ranch - Bismarck, Fargo and Minot

Nexus-PATH Family Healing Luther Hall - Fargo

Pride Manchester House - Bismarck

Ruth Meiers Adolescent Center - Grand Forks

**Qualified Residential Treatment Facilities Program (QTRP)**  
<https://www.hhs.nd.gov/sites/www/files/documents/DHS%20Legacy/qtrp-admissions--how-to-access-a-qtrp.pdf>

**Placement Availability** Currently, ND Qualified Residential Treatment Program (QTRP) placement is only available to:

1. North Dakota Children under the public custody of a Human Service Zone, a North Dakota Tribe or Division of Juvenile Services and
2. North Dakota Children, not in the public custody, who have been approved for placement and reimbursement by the NDDHS Voluntary Treatment Program (VTP). If the child meets the above criteria, the custodial case manager or parent/ guardian if approved for VTP is responsible to complete the referral paperwork and process.



7. "Psychiatric residential treatment facility for children" means a facility or a distinct part of a facility that provides to children a total, twenty-four hour, therapeutic environment integrating group living, educational services, and a clinical program based upon a comprehensive, interdisciplinary clinical assessment, and an individualized treatment plan that meets the needs of the child and family. The services are available to children in need of and able to respond to active psychotherapeutic intervention and who cannot be effectively treated in their own family, in another home, or in a less restrictive setting. The facility must meet the requirements of a psychiatric residential treatment facility as set out in title 42, Code of Federal Regulations, part 483.352.

8. "Residential treatment" means a twenty-four hour a day program under the clinical supervision of a mental health professional, in a community residential setting other than an acute care hospital, for the active treatment of mentally ill persons.

9. "Serious risk of harm" means a substantial likelihood of:

- a. Suicide, as manifested by current suicidal threats, attempts, or significant depression creating immediate risk of suicide;
- b. Killing or inflicting serious bodily harm to self or another person, as manifested by current act; or Substantial deterioration in physical health or substantial injury, disease, or death based on current poor self-control or judgment.

#### **CHAPTER 75-03-17 PSYCHIATRIC RESIDENTIAL TREATMENT FACILITIES FOR CHILDREN**

##### **75-03-17-01. Definitions**

1. "Accredited" means to be accredited and in good standing by an independent, not-for-profit accreditation organization approved by the United States department of health and human services and the department, including the commission on accreditation of rehabilitation facilities, the joint commission, and the council on accreditation.

2. "Active treatment" means a strength based, culturally competent, and medically appropriate treatment designed to meet immediate needs with specific outcome and return to the family or another less restrictive community setting as soon as clinically possible and when treatment in a facility is no longer medically necessary.

14. "Individual with a mental illness" means an individual with an organic, mental, or emotional disorder that substantially impairs the capacity to use self-control, judgment, and discretion in the conduct of personal affairs and social relations. "Individual with a mental illness" does not include an individual with intellectual disabilities of significantly subaverage general intellectual functioning which originate during the developmental period and is associated with impairment in adaptive behavior, although an individual who has intellectual disabilities may also be an individual who has a mental illness. A substance use disorder does not per se constitute mental illness, although an individual who has a substance use disorder may also be an individual who has a mental illness.

17. "Psychiatric residential treatment facility for children" or "facility" means a facility or a distinct part of a facility that provides to children and adolescents a total, twenty-four-hour, therapeutic environment integrating group living, educational services, and a clinical program based upon a comprehensive, interdisciplinary clinical assessment and an individualized treatment plan that meets the needs of the child and family. The services are

**75-03-17-05. Diagnosis and treatment while at the facility.**

**1. Duties of the facility. The facility shall:**

- a. Provide for a medical, psychiatric, and psychological assessment of each child no later than seventy-two hours after admission;
- e. Provide ongoing and consistent individual therapy utilizing evidence-based models of care for psychiatric residential treatment facilities for children. Individual therapy must focus on providing the child skills they need to be successful in their home and community;
- f. Complete a diagnostic assessment, completed by a licensed psychiatrist, no less than seventy-two hours after admission that includes:

**2. Specialists.** The facility shall provide a sufficient number of qualified psychiatric professionals to meet the resident needs. Each facility shall provide a minimum of one-half hour per week per bed of psychiatry time, one hour per week per bed of family therapy time, and two hours per week per bed of individual therapy time. Each facility shall provide twenty-four-hour nursing, which may include a combination of onsite or on-call hours.

If this could go to a study it would give sufficient time for the legislature to gather facts, statistics and carefully study all state and federal requirements for operating a psychiatric facility for youth with behavioral/mental health diagnoses. It also gives time to determine why the PTRF and QRTP beds are underutilized.